



Pre-Treatment Instructions for Pellevé

1. Remove makeup and wash facial area prior to treatment. Please remove all makeup, including eye makeup and any lotions or sun block. Any preparations left on the skin will act as impedance to the energy and will diminish the effects. Post treatment, make up may be applied and unlike lasers there are no restriction from being in the sun.
2. Remove all jewelry near the treatment area and those with long hair tie back or wear/bring headband.
3. Botox or filler should be given post treatment or a minimum of 2 weeks prior to a Pellevé procedure.
4. For 3 to 5 days (at the physician's discretion) prior to Pellevé avoid treatments which may cause erythema (redness) or irritation (Obagi System treatments, Retin-A or products containing Isotretinoin, glycolic and or salicylic acid).
5. The treatment area must be free of any open lesions or infections.
6. For an optimum treatment, hydrate by drinking water or hydrating fluids several days in preparation. Avoid alcohol if possible.
7. For your Pelleve procedure, including pre and post care, typically you will be in our office for a total of 45 to 60 minutes. Because treatment doesn't require anesthesia or downtime, it fits more easily into your busy schedule. Some patients experience mild swelling and redness following treatment which typically resolves within 2 to 24 hours.
8. For more information ask for Alex - Associated Eye Surgeons 508.747.4748